

## Vitalis – host organisation for Erasmus KA1 projects

VITALIS, as host organisation, receives participants from all European countries. Over the last 25 years we gained experiences from more than 1000 projects we realised in different fields of profession.

We develop model projects in the framework of Erasmus and ESF, also in cooperation with small and medium-sized enterprises in the region Leipzig and Halle.

We support the mobility of the participants in the European Community and the communication between people from all over Europe.

### Our project proposal for your stay in Germany:

**Title:** Teachers program job shadowing

**Duration:** 1 week

### **Knowledge, skills and competence to be acquired:**

- Gathering of practical experience during the performance of the profession in another European country
- Support of practical skills in the professional field
- Learning about the education system and working system of the host country
- Enlargement of the social and linguistic competence

### **Outcomes to be achieved:**

- Get to know the German dual system of vocational training
- To learn about the work conditions and thus extract and develop new ideas to improve them
- Get familiar with company (structure & organisation of company)
- Get to know the rules of quality
- Learn about occupational health and safety and the quality standards of placements

### **Activities to be carried out:**

- Attend workshops and seminars about the German dual system of vocational training
- Exchange experience and expertise
- Attend a short workshop about the meaning and the outcome of the European Union and its mobility programs
- Visit companies, schools and institutions from the sector matching the interests and fields of training of the sending organisation
- Get to know the structure and general information about the place

**All the below mentioned modules can be seen as examples. Modifications due to the abilities of the participants or the capacities of the companies have to be considered. The tasks and the activities vary and depend on the practical and the linguistic skills of the beneficiaries and on the needs and business volume of the companies.**

## **Detailed training program - Jobshadowing**

<b>Sunday</b>	<p><b>Arrival in Schkeuditz</b> Check in Gut Wehlitz (Welcome at Gut Wehlitz, Check-In in the accommodation)</p> <p>Introduction to the programme</p>
<b>Monday</b>	<p><b>Presentation of Vitalis and its workshops</b> Get to know the work and objectives of Vitalis as a host company for European mobility projects. Visit of all the workshops and seminar rooms, the club and the free time areas. In the workshops the group will get to know about the work that students carry out during their internship.</p> <p><b>Cultural programme: Leipzig</b> Guided tour through the city of Leipzig with visits to the square "Augustusplatz" with the Leipzig Opera and the concert hall "Gewandhaus", the churches "St. Nikola" and "St. Thomas", the passage "Mädler Passage", the New and the Old City Hall, etc.</p>
<b>Tuesday</b>	<p><b>Workshop/Seminar about the dual system of education in Germany</b> The group is taking part in a workshop on the dual training system in Germany. They will receive comprehensive information on cooperation between companies and vocational schools. Particular attention will be paid to vocational training in the company, school-based training in the vocational school and examinations. They will learn about the requirements, the structure of the 3-4 years training and the final exams. Further topics are problems and advantages of dual training, the difference between curricula and vocational practice and the current situation on the apprenticeship and labour market.</p>
<b>Wednesday</b>	<p><b>Technical visit in several companies and institutions, for example the canteen of Leipzig University „Mensa am Park“</b> This cafeteria in the heart of Leipzig offers the students all sorts of meals in different price categories with a wide range of vegetarian and vegan meals. It also offers meals from the wok and barbecue as well as pasta, a fresh salad self-service counter, and a variety of desserts. Special attention is paid to biological components in the side dishes and vegetables. The newest accomplishment of the cafeteria is a „vitamin bar“ with fresh fruit salads, fruity smoothies, and milk and yoghurt drinks. In a friendly and open atmosphere more than 4,500 meals are served daily while the training of young professionals adds a unique component to the ambiance.</p>
<b>Thursday</b>	<p><b>Technical visit in several companies and institutions, for example the Hotel Arena City in Leipzig</b> The Arena City Hotel in Leipzig's beautiful Waldstrassenviertel is a modern, generation-managed company that primarily accommodates business people. Guests can book single and double rooms as well as luxury double rooms and suites. The company is very experienced in working with students from different countries and also in using new technologies in order to run the hotel properly.</p>
<b>Friday</b>	<p><b>Technical visit in several companies and institutions, for example the restaurant of the hotel Via City in Leipzig</b> The Via City Hotel with its family run restaurant in the basement, an area where young families and university students live, is a popular place for tourists and Leipzig inhabitants. The participants will get to know the daily routine and how students and interns are integrated in the work.</p>
<b>Saturday</b>	<p><b>Departure</b></p>